

Pos	Time	Family	First	Num	Gen	Age	Cat
1	0:27:31	Holland	Gethin	906	M	23	OM
2	0:28:38	Woods	Robin	878	M	38	OM
3	0:29:15	Ashworth	James	892	M	57	M50
4	0:29:18	Copus	Martin	883	M	29	OM
5	0:30:07	Corbishley	Stephen	902	M	22	OM
6	0:30:22	Collier	Craig	909	M	30	OM
7	0:30:43	Hitchings	Nick	872	M	46	M40
8	0:30:59	Kesham	Hannah	919	M	46	M40
9	0:31:22	Phillips	Clare	923	F	45	F45
10	0:31:32	OWEN	DANIEL	858	M	39	OM
11	0:32:16	O'Brien	Kevin	893	M	39	OM
12	0:32:29	Holmwood	Stephen	908	M	43	M40
13	0:32:43	ROSE-INNES	STEWART	856	M	39	OM
14	0:32:50	McNicholas	Stephen	869	M	50	M50
15	0:32:51	Powell	Thomas	866	M	28	OM
16	0:33:28	Shackleton	Lee	905	M	48	M40
17	0:33:55	George	Daniel	887	M	35	OM
18	0:33:58	Burnage	Paul	840	M	53	M50
19	0:34:26	PRITCHARD	PAUL	859	M	45	M40
20	0:34:33	Williams	Benjamin	895	M	32	OM
21	0:34:49	Christley	Phillipa	838	F	21	OF
22	0:34:58	Daniel	Heddwyn	901	F	20	OF
23	0:35:22	Copus	Chirs	885	M	60	M60
24	0:35:26	Moore	Chris	890	M	61	M60
25	0:35:37	Evans	Dic	924	M	68	M60
26	0:35:46	Green	Martin	875	M	59	M50
27	0:35:57	Robertson	Alan	889	M	60	M60
28	0:36:00	Christley	Howard	839	M	57	M50
29	0:36:17	Mauel	David	904	M	42	M40
30	0:36:59	LEATHEREN	MICHAEL	860	M	62	M60
31	0:37:11	Pope	Cameron	874	M	59	M50
32	0:37:53	Scott	Geoffrey	865	M	69	M60
33	0:38:13	Jordan	Mark	870	M	55	M50
34	0:38:25	Weston	Kirsty	844	F	45	F45
35	0:38:35	Evans	John	894	M	68	M60
36	0:38:48	Jones	Ifan	915	M	49	M40
37	0:38:58	JONES	GARETH	854	M	24	OM
38	0:39:09	Grainger	Nikki	898	F	32	OF
39	0:39:12	Helliwell	Keith	913	M	40	M40
40	0:39:20	Reece	Moles	884	M	22	OM
41	0:39:35	Jones	Amanda	322	F	44	F35
42	0:39:38	Trainer	Maggie	886	F	41	F35
43	0:39:52	Weston	Michael	845	M	49	M40
44	0:40:05	Kerr	Jane	911	F	50	F45
45	0:40:15	Price	Chris	896	M	41	M40

46	0:40:39	Harman	Cecilia	907	F	34	OF
47	0:40:45	Price	Emma	897	F	37	F35
48	0:40:52	PATERSON	LISA	851	F	26	OF
49	0:40:53	Short	Julie	832	F	57	F55
50	0:40:56	Jones	Andrew	867	M	50	M50
51	0:41:14	Duncan	Amanda	877	F	45	F45
52	0:41:42	Greaves	Amy	891	F	32	OF
53	0:42:19	Brown	Angela	862	F	46	F45
54	0:42:29	Ealey-Fitzgerald	Catherine	917	F	42	F35
55	0:43:45	Farrington	Carol	864	F	71	F65
56	0:43:46	Bellamy	Helen	876	F	35	F35
57	0:43:54	Damen	Janet	841	F	58	F55
58	0:43:55	Newman	Hayley	830	F	30	OF
59	0:43:56	Newman	Mike	829	M	59	M50
60	0:44:05	Broadnay	Lynda	880	F	51	F45
61	0:44:06	Orrells	Keri	888	F	32	OF
62	0:44:11	Baker	Liz	848	F	59	F55
63	0:44:12	Cook	Jon	863	M	35	OM
64	0:44:26	Synge	Mary	834	F	50	F45
65	0:44:28	Williams	Rachel	899	F	30	OF
66	0:44:34	Vincent	Hayley	846	F	30	OF
67	0:44:36	Pembridge	Samantha	920	F	34	OF
68	0:44:47	Whitfield	Karl	882	M	38	OM
69	0:45:34	GLADING	MARK	850	M	55	M50
70	0:45:48	Beeson	Michelle	873	F	46	F45
71	0:45:48	Morgan	Pukkie	879	F	47	F45
72	0:46:09	Wood	Ben	900	M	32	OM
73	0:46:48	Fowler	Hannah	833	F	44	F35
74	0:46:49	Jones	Diane	914	F	45	F45
75	0:46:54	BLACK	GEOFF	852	M	66	M60
76	0:47:14	Davies	Kelly	922	F	22	OF
77	0:47:26	Langley	Michael	847	M	62	M60
78	0:47:44	Hason	Kristy	910	F	27	OF
79	0:48:08	Parry	Kay	871	F	49	F45
80	0:48:12	Fallon	Helen	916	F	35	F35
81	0:49:00	Dawkins	Martin	835	M	60	M60
82	0:49:37	Shanahan	Janet	903	F	49	F45
83	0:51:37	Stephens	Sabrina Lynne	849	F	23	OF
84	0:52:36	Cassell	Hayley	921	F	30	OF
85	0:54:40	Davies	Shelley	842	F	39	F35
86	0:54:47	Robson	Annie	836	F	37	F35
87	0:55:33	Leyland-Jones	Sarah	843	F	47	F45
88	0:56:32	SWINGLER	CAPRICE	855	F	44	F35
89	0:59:49	Anstey	Mike	881	M	58	M50
90	1:04:20	Booth	Natasha	912	F	27	OF
91	1:26:00	Tennyson	Ben	868	M	37	OM

Club	M/Split
Aberystwyth AC	
Maldwyn Harriers	
Maldwyn Harriers	
Rossendale Harriers	
Ludlow Runners	
Worcester AC	
Southampton AC	
Port Talbot Harriers A. C.	
MALDWYN HARRIERS	
Southville RC	
Penny Lane Striders	
Ludlow Runners	
Maldwyn Harriers	
ROMSEY RR	
MALDWYN HARRIERS	
BRECON AC	
Maldwyn Harriers	
Forest of Dean AC	
Cardiff AC	
Maldwyn Harriers	
Forest of Dean AC	
BUILTH RC	
Maldwyn Harriers	
LORDSHILL ROAD RUNNERS	
Aberystwyth AC	
Poole Runners	
Lytchett Manor Striders	
Aberystwyth AC	
Maldwyn Harriers	
Maldwyn Harriers	
Rhayader RC	
Lytchett Manor Striders	
Builth & District RC	
Rhayader RC	

Rhayader RC	
Rhayader RC	
Malvern Joggers	
Rhayader RC	
Rhayader RC	
Poole Runners	
Malvern Joggers	
Maldwyn Harriers	
Lytchett Manor Striders	
Maldwyn Harriers	
Lytchett Manor Striders	
Lytchett Manor Striders	
FAIRLANDS VALLEY SPARTANS	
Maldwyn Harriers	
PONTYPRIDD	
Maldwyn Harriers	
Maldwyn Harriers	
Lytchett Manor Striders	
Pontypwl	
Black Pear Joggers	
Serpentine RC	
Maldwyn Harriers	
MALVERN JOGGERS	
Malvern Joggers	
Pontypwl	